



**The Addictions Care Center**  
of Albany, Inc.

*Service Locations*

**CRISIS CENTER:**

75 New Scotland Ave. Unit G  
Albany, NY 12208  
Tel: (518) 465-7388  
Fax: (518) 465-4651  
[CDCC@TheACCA.net](mailto:CDCC@TheACCA.net)

**OUTPATIENT CLINIC:**

115 Ontario Street  
Albany, NY 12206  
Tel: (518) 434-2367  
Fax: (518) 434-2372  
[OPC@TheACCA.net](mailto:OPC@TheACCA.net)

**COMMUNITY RESIDENCES:**

90 McCarty Ave, Bldg 2  
Albany, NY 12202  
Tel: (518) 434-8083  
Fax: (518) 434-2523  
[CR@TheACCA.net](mailto:CR@TheACCA.net)

**COMMUNITY EDUCATION:**

90 McCarty Ave, Bldg 3  
Albany, NY 12202  
Tel: (518) 465-5829  
Fax: (518) 449-4876  
[CE@TheACCA.net](mailto:CE@TheACCA.net)

**ADMINISTRATION:**

90 McCarty Avenue  
Albany, NY 12202  
Tel: (518) 465-5470  
Fax: (518) 427-0854  
[www.TheACCA.net](http://www.TheACCA.net)

**CENTER FOR PROFESSIONAL  
DEVELOPMENT:**

90 McCarty Ave, Bldg 3  
Albany, NY 12202  
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Fax: (518) 449-4876  
[Trainings@TheACCA.net](mailto:Trainings@TheACCA.net)

Annual Report 2008



**The Addictions Care Center**  
of Albany, Inc.



*"Healing the hearts of everyone  
touched by addiction"*



90 McCarty Avenue ♦ Albany, NY 12202

Annual Report 2008



## About The Addictions Care Center of Albany, Inc.

The Addictions Care Center of Albany, Inc. (ACCA) empowers individuals, families and communities to advance beyond addiction and overcome barriers to healing through an array of quality, compassionate care and prevention programs. ACCA respects each individual's unique journey through recovery and believes the disease of addiction is both preventable and treatable.

Since 1967, ACCA has been a part of the community, strengthening the lives and improving the futures of thousands of individuals. Through intensive, proactive programs aimed at preventing substance abuse, and through state-of-the-art treatment programs customized to individual needs, the Addictions Care Center of Albany touches the lives of thousands of Capital Region residents each year. Programs are available to all, regardless of ability to pay.

ACCA offers the broadest continuum of addictions care in the Capital Region and is a leader in best practices for addictions treatment and prevention. Several of ACCA's award-winning prevention programs are utilized across the country to educate and equip school children with the knowledge to prevent addiction in order to live healthy and productive lives. ACCA's programs are recognized nationally as solid best practice models with exceptional rates of success in treatment and prevention.

ACCA's continuum of care includes the following treatment and prevention programs:

### Addiction Treatment Programs

- Chemical Dependency Crisis Center
- Community Residences
- Outpatient Clinic Programs

### Community Education Programs

- Addiction Prevention Programs
- Professional Development & Training

ACCA is unique in its philosophy and focus on the individual needs of each person served, integrated compassion and care, respect for diversity, and a distinctive approach to group and individual counseling. ACCA is licensed by the New York State Office of Alcohol and Substance Abuse (OASAS) which provides ongoing regulatory oversight.

ACCA is a private, nonprofit organization and relies on public support to help maintain critical programs throughout the Capital Region. ACCA provides prevention and treatment services to 10,000 people per year with a budget of \$3.7 million. Funding for ACCA is provided by individual and corporate giving programs, government funding, private grants, and funds raised by The Addictions Care Foundation, which provides continuing support to advance the mission and vision of ACCA in preventing and treating addictions. The Addictions Care Center of Albany and the Addictions Care Foundation partner together to continually search for fresh and innovative opportunities to deliver their message to the community—we believe that addiction is both preventable and treatable.

### ACCA BOARD OF DIRECTORS

#### President:

Daniel S. O'Connell

#### Vice President:

Paul A. Ehmann

#### Treasurer:

Andrew W. Halliday, JD

#### Secretary:

Mary Anne Klein

Matthew Hosford, Esq.

Quay Houchen

Michael Reilly

Carolyn A. Smith, PhD

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Mikki Ward-Harper



## Make a Gift

**YES! I WANT TO SUPPORT THE ADDICTIONS CARE CENTER OF ALBANY, INC. IN PROVIDING SUPPORT TO ADVANCE THE MISSION AND VISION OF ACCA IN PREVENTING AND TREATING ADDICTIONS.**

My donation of \$ \_\_\_\_\_ is enclosed. Please make checks payable to the **Addictions Care Foundation**.

Please charge my credit card.

MasterCard

Visa

American Express

\_\_\_\_\_  
Name on Card

\_\_\_\_\_  
Credit Card #

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Signature

My employer has a matching gift program. Please contact me.

#### I prefer that my donation be applied to (please check only one):

Unrestricted—wherever the need is greatest

Reilly House

Chemical Dependency Crisis Center

Prevention Education

Outpatient Clinic

Professional Training and Development

Halfway House Program

**NEW!** Women and Children's Campus

Supportive Living Program

#### \* OPTIONAL:

This gift is: in honor of \_\_\_\_\_ or in memory of \_\_\_\_\_

Please send notification of my honor/memory gift to:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

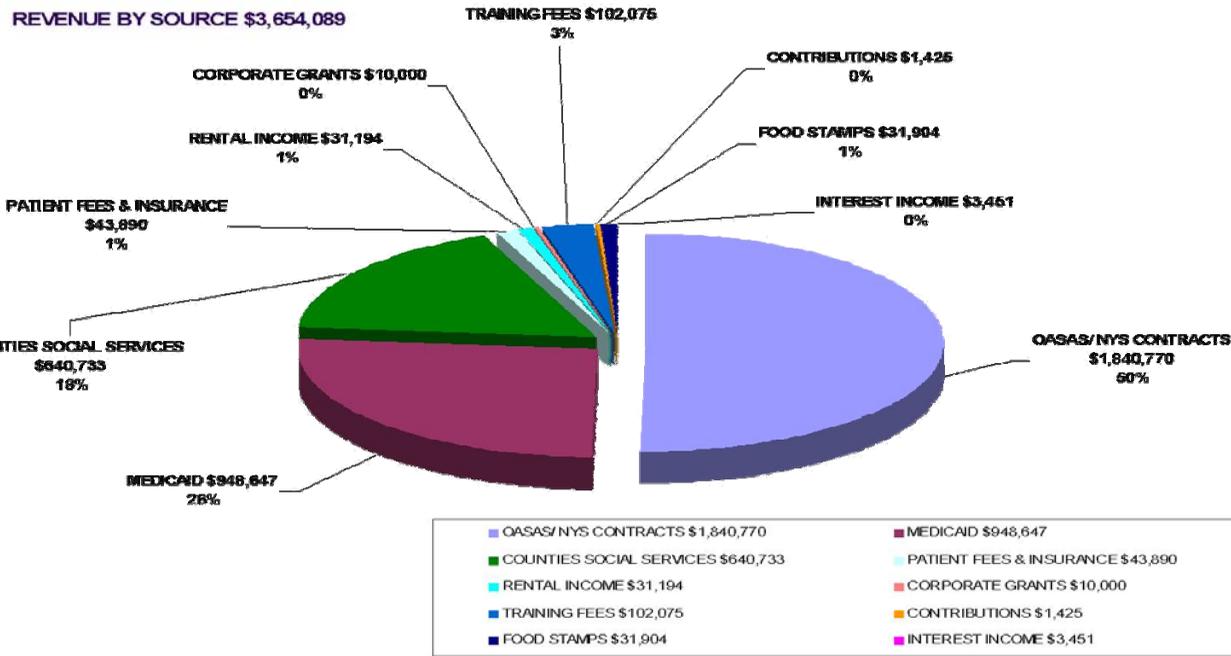
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

(No dollar amount will be mentioned unless specifically requested by donor.)

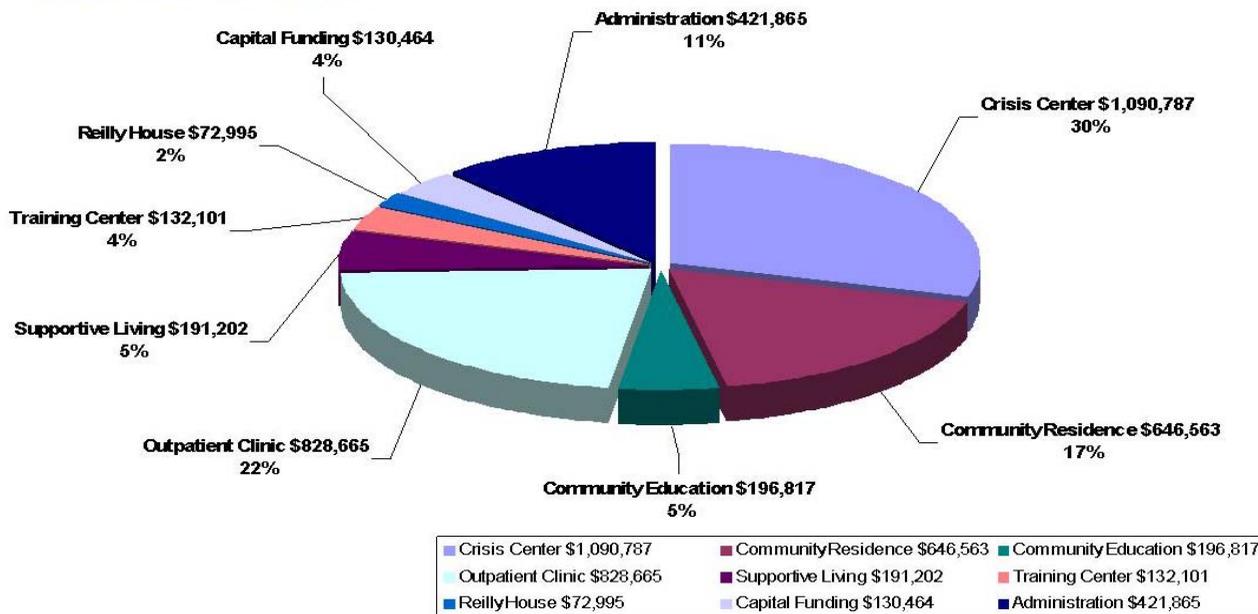


# 2008 Financial Report

## REVENUE BY SOURCE \$3,654,089



## EXPENSES BY PROGRAM \$3,694,344



# A Message from our Executive Director



Keith Stack, Executive Director

Thank you for taking the time to look over our 2009 Annual Report. We will continue to update you with a yearly accounting of the programs provided by the Addictions Care Center of Albany. We are proud to produce and distribute this report to you, our valued friends and supporters.

As we continue our work this year, major growth and change appears on the horizon. While improving our treatment and prevention programs, the ACCA will expand our campus to include housing and treatment for both women and children. This expansion will allow women to get the treatment they need while keeping their families intact. The ultimate goal is to break the intergenerational cycle of addiction by treating both the mothers and children within a safe environment.

We are excited to implement a much-anticipated initiative with ACCA's new Volunteer Program. With this program now structured and in place, we will conduct extensive community outreach to engage individuals and groups who will collaborate with us on various projects. We look forward to continuing our work in the community and invite you get involved by becoming a volunteer, taking a tour of our campus, or even attending one of our ACCA events throughout the year. As a nonprofit, we rely on friends like you to help us continue to *heal the hearts of those touched by addiction*. We look forward to hearing from you soon!

As you may already know, addiction touches everyone. Nearly 1 in 3 Americans has a history of alcohol problems (NIAAA). And, in the past decade, the number of people abusing controlled prescription drugs increased 94% which is 7 times faster than the increase in the U.S. population (Columbia University).

Even with these alarming statistics, we know that treatment works! Every \$1 spent on substance abuse treatment generates \$7 in society for benefits through reduced medical expenses, reduced costs of crime and increased employment earnings (UCLA). More than 80% of those who complete treatment remain drug and alcohol free one year later.

Keith W. Stack  
Executive Director

The Addictions Care Center of Albany sees double the success rate of comparable programs while, at the same time, working with the hardest to serve populations.

**YOU ONLY HAVE TO DO THIS ONCE...**

# Chemical Dependency Crisis Center

**94.7%**

Percentage of those at the Chemical Dependency Crisis Center who were homeless upon admission.

The Crisis Center provides detoxification services in a safe, supportive environment where individuals can withdraw from alcohol and other chemical dependencies and enter into treatment from the disease of addiction. The Chemical Dependency Crisis Center is one of the main entry points into substance abuse treatment for the Capital Region and all services are provided free of charge.

The ACCA's 44-bed medically monitored chemical dependency crisis center provides two levels of care: S.U.S. (Sobering-Up Services) and E.S.U. (Extended Sobering Up Services). The E.S.U. service provides assistance for clients who are seeking a safe, sober environment until they are placed in an appropriate treatment program. An average length of stay at the Crisis Center ranges from 72 hours in S.U.S. to 20 days or, in some instances, longer in E.S.U. The length of stay in E.S.U. depends on bed availability at the next level of care.



Crisis Center Staff

ACCA continues to serve the most disadvantaged chemically dependent population. In 2008, 5,541 clients were admitted to the Crisis Center. 94.7% of those clients were homeless upon admission.

Primary sources of referrals to the Crisis Center are social service agencies, other treatment providers and the legal system. Of those admitted in 2008, 93.4% were male and 6.6% female.

With an average full time staff of 15.98 employees, 98% of admissions were from Albany County with 53% of E.S.U. clients discharged to treatment.

During 2008, Nicotine Replacement Therapy for client use without a prescription, as well as family-centered and individual counseling sessions was implemented. These additions to the programmatic aspects of the Crisis Center allows the client to experience a more well-rounded approach to begin healing.



Crisis Center ESU room

# Snapshot of 2008 Events

## In-Kind Donors

- 333 Café
- Albany Symphony Orchestra
- Blue Water Manor
- CR Wireless
- Desmond Hotel
- Faddegon's Nursery
- FedEx/Kinkos
- Fort William Henry
- Hannoush Jewelers
- Hidden Café
- Metro Mattress
- Normanside Country Club
- Foofsique Quilting Emporium
- Orchard Creek Golf Course
- Paul Truman Jewelers
- Palace Theatre
- Proctor's Theatre
- Reel Seafood, Inc.
- Repeat Business Systems, Inc.
- Siena College
- Simply Certificates
- State University of NY at Albany
- The Perfect Wife
- Mary Thomas
- Top of the World Golf Resort
- Vicarious Visions, Inc.
- Wal-Mart
- Walt Disney World Resort
- Windham Mountain Ski Resort



Harvest Moon Gala



Treatment Works March



Northeast Family Chocolate Festival

## ADDICTIONS CARE CENTER FOUNDATION BOARD OF TRUSTEES

- President :** Michael Reilly    **Vice President:** Joseph O'Connor    **Treasurer:** Daniel S. O'Connell
- Secretary:** Paul A. Ehmann    Robin F. Ellis    Andrew W. Halliday, JD
- Robert D. Muncil    Keith W. Stack



## Thank You to Our Generous Donors

### \$15,000 and more

David B. Silipigno Foundation

### \$10,000 and more

Energy Insurance Brokers

### \$5,000 and more

Albany Times Union

Meridian Capital Partners

Turner Construction Company

### \$1,000 and more

AmWINS Brokerage of New England

Anonymous

Steven Beber

BlueShield of Northeastern New York

Burns Management Corporation

Capital Bauer

CDPHP

Dreyer Boyajian

Andrew Halliday, Halliday Financial Group

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Lockton Companies

Lomonaco & Pitts Architects, PC

LoVullo Associates

Robert D. Muncil

National Education Resources

NBT Bank

Sandra Parker

Program Risk Management

Ken Raymond

ReMax Premier

Star Roofing & Restoration

### \$500 and more

American International Group

Anchor Transit Corp.

BankDirect Capital Finance

Budget Installment Corporation

Colemont Insurance Brokers of CT

Northeast Acura

NYS Performing Arts Center—The Egg

NYS Theatre Institute

NYSUT

Dr. Diane Ehmann

Paul Ehmann

Englisbe Associates

Price Chopper

Jim Runko

SRI Fire Sprinkler Co.

Stewart's Shops

St. Mary's Church, Crescent

Lynn E. Stone

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### \$100 and more

Amgro, Inc.

Senator Neil D. Breslin

Canawill Premium Funding

Capital Affairs, LLC

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Jill Cowles

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Transamerica Corp.

Salvatore P. Villa

Richard Walsh

Mikki Ward-Harper

Wilson, Elser, Moskowitz & Edelman

Peter Young Housing, Inc.

## Outpatient Programs

ACCA offers an Outpatient Program with several progressive levels of treatment, providing clients with a combination of clinical modalities designed to meet their specific needs. Lectures, discussion groups, journal work, and presentations actively engage clients in treatment. All areas of life are explored in an effort to foster a healthy lifestyle and an enduring recovery. Tracks include day-intensive rehabilitation services, youth and family services, and an evening track for working professionals.

In 2008, the ACCA fully implemented the use of an electronic case management system. The new system standardizes and simplifies the initial intake process, maintenance of client medical records, progress of a client through the agency, treatment history, and provides fully integrated diagnostic and treatment tools.

The Outpatient Clinic admitted 360 clients, averaging 121 clients per day in 2008. 20% of the clinic's population were adolescents ranging from 13 to 18 years of age with a total of 17 individuals engaged in treatment.

The largest population served at the OPC were adults between the ages of 26 and 35 with 73.7% of the population being male. The full-day rehabilitation statistics were similar, with the ages of clients ranging from ages 26 to 55 with 72.8% of those being male.

The OPC continues to develop client volunteer services on site and provides additional support for ACCA's tobacco-free policy, client vaccinations for hepatitis and additional family counseling sessions.

**85%**  
Outpatient clinic clients who discontinued use of primary substance of abuse.



Mural designed and painted by OPC clients



GED classroom



## Community Residences

The Community Residences program at the ACCA helps men and women recovering from addiction live in a healthy environment and attain an alcohol and drug-free lifestyle with help from counseling, education and employment training programs. Life-skills training is emphasized as residents reconnect with their families and communities.

### HALFWAY HOUSE

This program is a 24-bed residence for men in the early stages of recovery. During 2008, the Halfway House saw 98% occupancy (utilization rate) with 67 men admitted to that residence. Upon discharge, 73% of these clients maintained full-time or improved employment-related status.



ACCA Halfway House

### SUPPORTIVE LIVING PROGRAM

This program includes a 24-bed transitional living apartment building for men and women. In 2008, 100% of those entering the program were homeless upon admission. The supportive living program experienced a 96% utilization rate and, of those admitted during 2008, 64% of the clients maintained full-time or improved employment-related status.



Reilly House

### REILLY HOUSE

At the Reilly House, ACCA's 12-bed transitional housing for men in the later stages of recovery, 12 men were admitted to the program in 2008. Of those 12, ten men successfully completed the program and found housing. Of the ten completions, nine of those men found suitable employment.



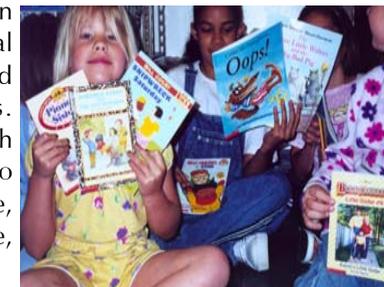
New Supportive Living Building for Women

### WOMEN & CHILDREN

The highly anticipated expansion of ACCA's campus is finally being realized! The women and children's facilities, including the Vista House, a 22-bed transitional housing residence, and the T.R.E.E. (Treatment, Rehabilitation, Education and Encouragement) House, a 40-bed halfway house, will allow women to receive help for their addictions while keeping their family intact. In addition, ACCA will house 8 women in a new supportive living apartment building. Groundbreaking for Vista House is anticipated in late Fall 2009.

## Prevention Education

ACCA provides comprehensive substance abuse prevention programs in Capital District schools and community centers. Youth are equipped with the tools they need to resist substance abuse, teen pregnancy, violence, and school dropout.



ACCA's prevention education continuum begins with "An Apple A Day"®. This curriculum starts in Kindergarten and is delivered each year, through fourth grade, so that children are reached on a regular basis long before underage drinking behaviors are established. In middle school, when

peer pressure to engage in underage drinking and

risky behaviors increases, students receive the "Grow Girl!"® and "Boys Only!"® gender specific curricula to support the information learned in elementary school.

Students participate in six 8-week curriculums with ACCA prevention education instructors in the

classroom each week. An emphasis is placed on literacy as a protective factor against drug and alcohol use.

In 2008, ACCA received over \$27,000 in funding from Reading is Fundamental (RIF) and distributed over 15,000 brand new books to students participating in our programs. We were also awarded \$43,500 in funding to provide problem gambling prevention education to 6-8th grade students in the Capital Region.

15,000

Number of brand new books distributed to students throughout the year.

## Professional Training and Development

9,074

Training participants served through the Center for Professional Development in 2008.

The ACCA Center for Professional Development houses the OASAS approved, 350-Hour CASAC (Credentialed Alcohol and Substance Abuse Counselor) Education program designed to help addictions professionals qualify for initial credentialing in the field. Individuals may also obtain a 250-Hour CPP (Credentialed Prevention Professional) or 100-Hour CPS (Credentialed Prevention Specialist) at the center.

Continuing education is also offered to professionals, counselors, educators and human services providers through scheduled training workshops and symposiums.

During 2008, ACCA conducted 9,074 training hours which included a total of 97 course offerings and over 1,200 class participants.



Large Training Room